

Level 1 Training on the Crisi Wartegg System (CWS): Introduction, Administration, and Scoring



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4 Online Meetings:

Saturdays: March 27; April 10 & 24; May 15 8:00am - 11:30am (PST) 9:00am - 12:30pm (MST) 10:00am -1:30pm (CST) 11:00am - 2:30pm (EST)

Presented by:





Co-sponsored by:



The Presenter

Alessandro Crisi, Psy.D., SPA Fellow, is a licensed psychologist and psychotherapist in Rome, Italy. He is the founder and president of the *Istituto Italiano Wartegg* (Italian Wartegg Institute) and an Adjunct Professor in the Clinical Psychology Program at the Sapienza University of Rome. For many years, Dr. Crisi has been a consultant to the Rome Institute of Speech Therapy and to the criminal and civil courts in Rome. He also serves on the executive committee of Italian Association for Forensic Psychology. Dr. Crisi is the author of many publications concerning psychological assessment and psychodiagnosis. He presents frequently around the world on psychological assessment and the Wartegg. Dr. Crisi teaches graduate coursework on the CWS as a visiting professor for Graduate School for Professional Psychology, Denver University.

Training Overview

This workshop introduces the Crisi Wartegg System (CWS), a standardized methodology for the clinical use of the Wartegg Drawing Completion Test (WDCT). The WDCT is a performance-based personality measure (semi-structured drawing technique) that can be completed in 5-10 minutes and is appropriate for children, adolescents, and adults. It is easy to administer and not overwhelming for clients to complete. Meta-analysis (Gronnerod & Gronnerod, 2011) attests to the validity of the WDCT in assessing personality and psychopathology. It is recognized as a valid performance-based personality test that can be used for certification in Therapeutic Assessment.

The Level 1 workshop focuses on history and statistical foundations of the measure, reviews standardized administration procedures, and builds proficiency in the CWS normative scoring system.

Training Sequence General Overview of Training Sequence

During Levels 1 through 4, the presenters will review the history and theory of the WDCT, teach its administration, introduce the major features of the scoring system, discuss interpretation, and illustrate the utility of the test in combination with other personality measures. Opportunities for participation in Levels 2 and 3 will be discussed during Level 1 training. Like any performance-based measure, learning the CWS is training intensive (and the entire sequence of training can take 12-18 months, including certification). A brief description of each level is provided below:

Level 1—Learn administration and basics about the test (including statistical foundations, history, and scoring guidelines).* Upon completion of this training level, clinicians are able to administer the test independently with clients, but require consultation with a member of the IIW to score, interpret, and incorporate into clinical work.

Level 2—Review basic (normative) interpretation of calculated indices and scores.* Clinicians continue to be able to administer the test independently, but require consultation with a member of the IIW to score, interpret, and incorporate into clinical work.

Level 3—Hone interpretation and clinical conceptualization.* Clinicians continue to be able to administer the test independently, but require consultation with a member of the IIW to score, interpret, and incorporate into clinical work.

(Optional) Level 4—Integrate the Wartegg with other measures (i.e., MMPI, Rorschach), and discuss Therapeutic Assessment utility, through case consultations. This training is optional but is a good way to improve competence and prepare for certification.

*Certification is required to independently score, interpret, and integrate CWS results into clinical work. Certification is attained via a three-step process administered by the IIW: 1) submission/review of clinical administration, 2) competent (80%) completion of provided scoring exercises; and 3) successful interpretation of provided clinical cases. Specifics of the certification process will be reviewed during training sequence.

Once Level 1 is completed (and administration is mastered), it is possible to meet individually with Dr. Crisi in Rome or Dr. Palm in Southern California for scoring, interpretation and consultation on cases. Consultation is typically completed via online Skype-based consultation (1 hour), with consultant reviewing scoring and interpretation with requesting clinician.

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By the end of this Level 1, participants will be able to:

- 1. Describe personal experience of test completion, applying to clinical work with clients, predicting client reactions, behaviors, and performance variability;
- 1. Discuss the history of the WDCT as a performance-based personality assessment tool;
- 2. Summarize the empirical and conceptual foundations of the CWS and its potential applications in clinical research and practice;
- 3. List the steps required for proper administration of the CWS to adults according to standardized administration procedures;
- 4. List the steps required for proper administration of the CWS to children and differently abled clients according to standardized administration procedures;
- 5. Identify the graphic stimulus, evocative character, and interpretive meaning of each WDCT box, per the CWS.
- 6. Describe and correctly score the Evocative Character of completed CWS protocols;
- 7. Describe and correctly score the Affective Quality of completed CWS protocols;
- 8. Describe and correctly score the Form Quality of completed CWS protocols;
- 9. Describe and correctly score Content of completed CWS protocols;
- 10. Describe and correctly score Frequency (Popular) responses of completed CWS protocols;
- 11. Describe and correctly score Special Scores of completed CWS protocols;
- 12. Describe and correctly score Movement responses of completed CWS protocols;
- 13. Correctly calculate Box Codes and elaborate the Analyses of Sequence 1 and 2 of the CWS.
- 14. Correctly calculate the indices and percentages contained on the CWS structural summary.
- 15. Correctly calculate Adaptive Area and Affective Area indices and percentages, per CWS guidelines.

Prerequisite Training

This is an introductory level workshop, open to psychologists and graduate students in training to be psychologists. Participants need no previous experience with the WDCT, but previous knowledge of other performance-based personality tests will be useful.

Workshop Schedule

The online workshop will be offered over the course of four sessions, each of which builds on previously presented material. Between sessions, participants will be expected to review assigned readings, complete "live" practice activities related to administration, review independent learning videos, and score practice exercises. These activities are integral to consolidation of knowledge, review of presented materials, and identification of learning edges for participants.

Sessions will last 3-hours and 30-minutes long, with a 15-minute break offered at the mid-point of each session. Approximately 2 hours of independent reading and exercises will be completed between session. The following table reviews the topics covered in each meeting, as well as required readings and activities:

| Date | Lesson: Topic | Reading to be completed prior to session* | Exercises to be completed after session (prior to next session) |
|-----------|--|---|--|
| Session 1 | Introduction to the CWS History & Development Statistical Foundations Administration | Chapters 1 and 2 | Activity #1: "Live" Administration |
| Session 2 | Evocative Character Scoring (Part 1) | Chapters 3 and 4 | Activity #2: "Live" Administration Scoring Exercise #1 |
| Session 3 | Scoring (Part 2) Case Exercises | Chapter 5 | Scoring Exercise #2 Scoring Exercise #3 |
| Session 4 | Exercises on scoring and Computations | Chapter 6 | Scoring, and Computation Activity #1* Scoring and Computation Activity #2* (self-review activities) |

^{*}Reference: Crisi, A., & Palm, J. A. (2018). The Crisi Wartegg System (CWS): Manual for Administration, Scoring, and Interpretation. Routledge.

Continuing Education

This workshop qualifies for **18 hours** of Type I CE credits for psychologists. The Society for Personality Assessment is approved by the American Psychological Association to sponsor continuing education for psychologists. SPA maintains responsibility for the program and its content. *CE credits will be available for \$15, payable at the time of training, or during online registration.*

& Location

This workshop will be presented online, via an online e-learning platform. Upon registration, detailed information will be sent to participants providing instructions to access learning sessions.

Registration and Payment

The fee for this workshop is \$450 (US Dollars) for professionals, \$400 for students. To register, please visit the SCCCA online store at: https://sc-cca-com.3dcartstores.com. Please select the Online-

